

CONTACT US

Phone

847-816-4866

Email

info@sraclc.org

Address

271 N. Archer Avenue, Mundelein

Website

sraclc.org



MEMBER AGENCIES

- Grayslake Community Park District
- Village of Hawthorn Woods
- Village of Lake Zurich
- Village of Libertyville
- Village of Lincolnshire
- Mundelein Park and Recreation District
- Round Lake Area Park District
- Vernon Hills Park District



Special Recreation Association
of Central Lake County

HEALTHY MINDS ★
BODIES ★
VETERANS ★ FITNESS TRAINING ★ NETWORKING®



Therapeutic Recreation for Veterans,
Active Military, and Families

SRACLC

The Special Recreation Association of Central Lake County was formed in 1976 as a cooperative effort of Member Agencies with the purpose to provide year round community based recreation services to individuals with disabilities and their families. Member Agencies provide the primary source of operational revenue through a property tax levy available to park districts and municipalities who have entered into a cooperative agreement or through a general fund.

Healthy Minds Healthy Bodies

HMHB's goal is to promote positive living for veterans, active military, and their families through fitness and community-based therapeutic recreation. Opportunities include golf, fitness, and aquatics membership, plus a variety of monthly socials and leisure activities.

Getting Started

If you or a military person you know is interested in SRACLC's Healthy Minds Healthy Bodies program, please contact SRACLC at 847-816-4866 to set up an initial intake. This is a 30-60 minute meeting with the HMHB Coordinator to review the program and opportunities. Post intake, the staff will assist with enrollment into desired membership and programs.

Membership Guidelines

SRACLC and its Member Agencies offer six different HMHB memberships to eligible active military and veterans. Members may choose one annual membership at no cost to them which includes a membership for a Partner (spouse, family member, friend). Free membership is only available for residents who reside within the SRACLC Member Agency Boundaries. See back for list of Member Agencies.

Membership Opportunities

Grayslake Community Park District

- 20 punch pass for the Grayslake Golf Course
- Additional punch pass for a Partner

Village of Lake Zurich

- Family Beach Pass for Paulus Park
- Unlimited free rental of non-motorized vessels dependent on availability

Village of Libertyville

- Family Pool Pass to Adler Pool

Mundelein Park and Recreation District

- One year Fitness Center Membership
- One year Fitness Center Membership for one Partner
- Up to 15 personal training sessions

Round Lake Area Park District

- 10 punch pass for 9 holes with cart or Golf Simulator at Renwood Golf Course
- 10 punch pass for small bucket of balls at Renwood Driving Range
- Frequent Player Card
 - Discounted rate after 10 punches
 - Discounted rate for one Partner

Vernon Hills Park District

- One year Fitness Center Membership
- One year Fitness Center Membership for one Partner